



28 Must have items for every car emergency kit! The Essentials to not leave home without!

- Spare tire** that is regularly checked for correct tire pressure. (I have helped multiple people change a flat tire only to find out that their spare tire has less than 10PSI and is nearly flat... Regularly check your spare tire's tire pressure!)
- Jack, and lug Wrench**
- Durable Canvas Bag** to store supplies
- Jumper Cables** (12-20 feet and make sure that they are the right gauge for your car, SUV, or truck)
- Tow Chain or Strap**
- Car Escape Tool** (such as seatbelt cutter and window breaker)
- Antifreeze** (1 gal.)
- Two Quarts of Oil**
- Paper towels / rags / **wet wipes** (if you have babies **Extra Diapers** is a must!)
- Tire pressure Gauge**
- Small tool kit** (adjustable wrenches, screwdrivers, pliers, vise grips, etc.)
- Emergency roadside kit** (reflective triangle, roadside flares or lights, etc.)
- First Aid Supply Kit**
- Road Atlas**
- Coveralls** (this may be odd but if you get a flat tire or need to crawl under your car then you will be happy you have them)
- Handsanitizer** (waterless hand cleaner)
- A **Come-a-long** (comealong, come-along, power puller) It is a hand operated [winch](#) with a [ratchet](#) used to pull objects. It can be very handy especially if you drive a truck.
- Duck Tape**
- USB jump starter/power bank** (also charge phone). Leave plugged in with long USB cable
- Ponchos and/or Umbrella**
- Flashlight**
- Pain killers** (Tylenol, ibuprofen, etc)
- Extra Medication** that you can't be without for more than a day
- Food** (granola, energy, or protein bars)
- 1 Gallon Water**
- Window Cleaner / extra windshield washer fluid**
- *Small Portable Air Compressor**